Psychiatric Standards, etc.
A Brief Overview

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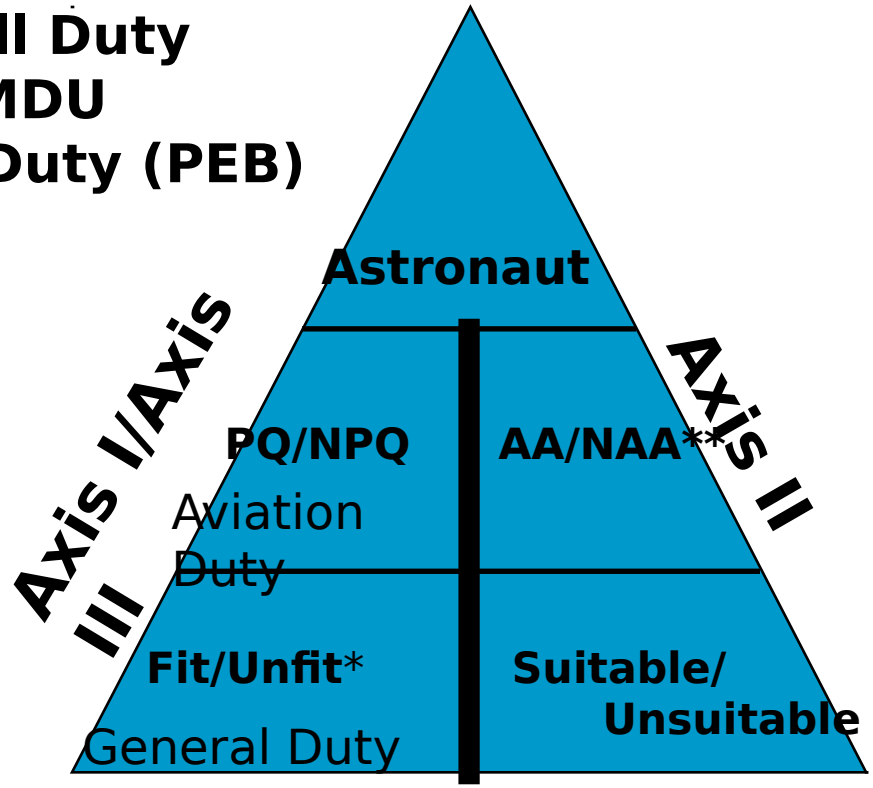
PHYSICAL STANDARDS

***Fit for Full Duty**
Fit for LIMDU
Unfit for Duty (PEB)



****Personality Disorders or Personality Traits that are maladaptive and impair flight safety, mission completion, or aircrew coordination**

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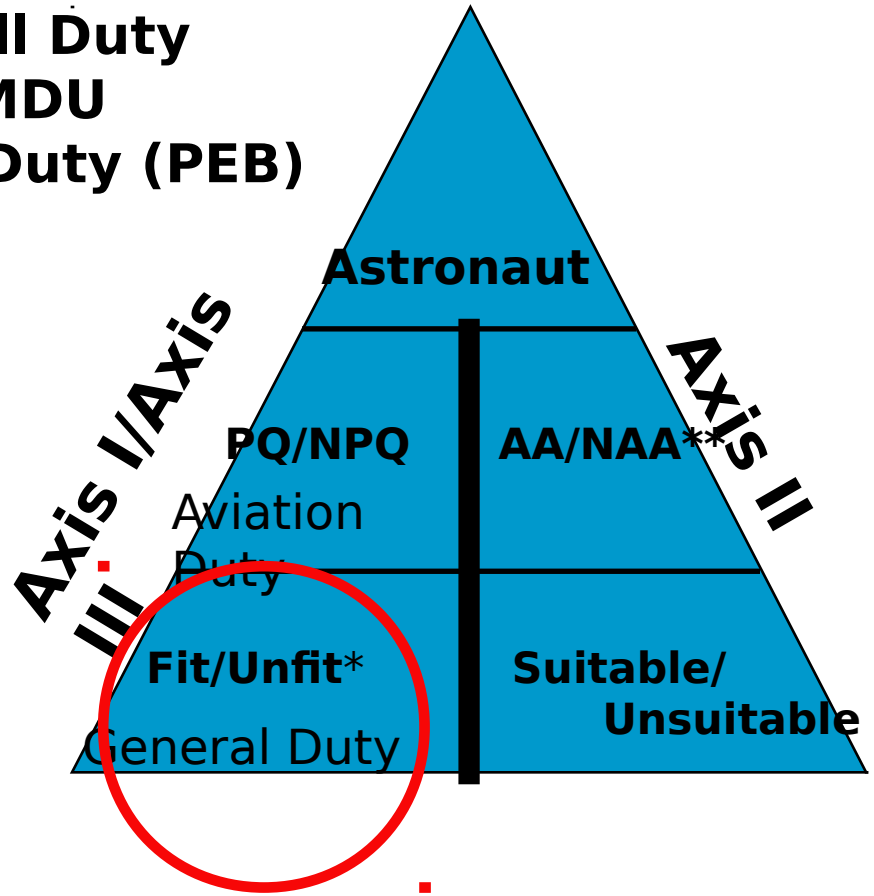

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Physical/Psychiatric Fitness

- *For general duty:*
  - **Fit for full duty**
  - **Fit for LIMDU** (6-12 months) - requires a limited duty medical board by the specialist with the limitations specified
  - **Unfit for duty** - requires a medical board sent to the Physical Evaluation Board (PEB) in Arlington, VA - usually done for severe illnesses/injuries or after period of LIMDU fails to restore the member to full duty

LIMDU Examples

- Major Depression
- Obsessive Compulsive Disorder
- Panic Disorder
- Minor Axis I Disorders may not need a LIMDU board - depends on type of treatment, severity of symptoms, duty station, deployment status, etc.

PEB Examples

- Schizophrenia
- Manic Depressive D/O
- Recurrent Major Depression - severe
- Refractory anxiety disorders
- ***CAVEAT:*** *Just because the specialist recommends the member is unfit for further military service is NO guarantee the member will be medically discharged*

FYI

- ***EPTE*** - existed prior to enlistment
- ***DNEPTE*** - did not. . . . . .
- ***SA*** - service aggravated
- ***NSA*** - not. . . . . .

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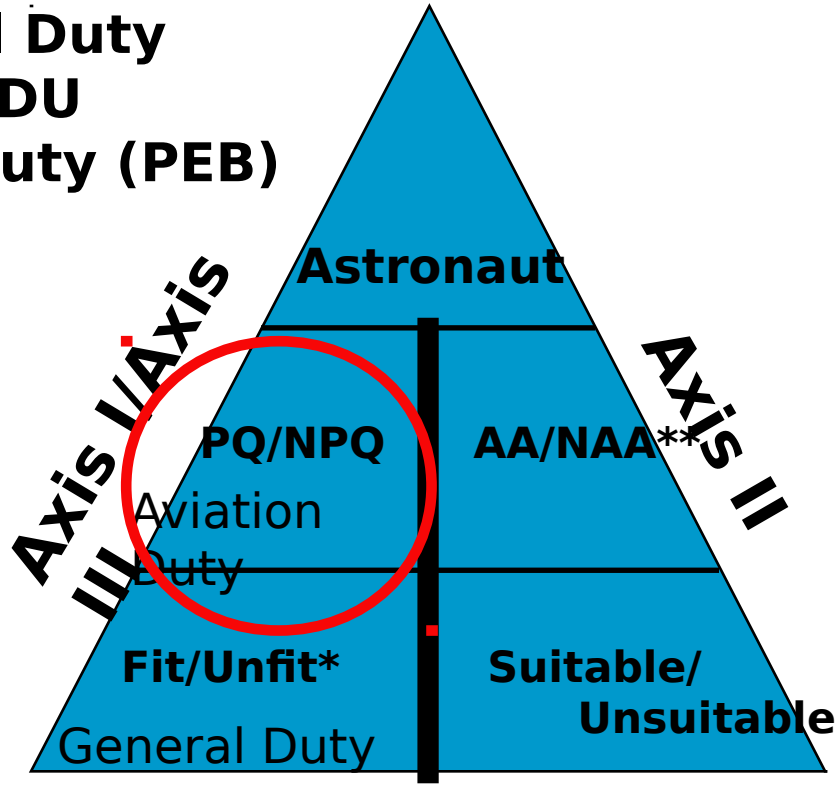

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Standards for Special Duty (including aviation)

- Member must be fit for full duty
- Member must have NO diagnoses for the special duty that make them ***not physically qualified (NPQ)***
- Aviation examples: ***ALL AXIS I Disorders*** other than Adjustment Disorder and V Codes - MANY are OK for general duty (dysthymia, minor depressive/anxiety disorders, etc.)

NPQ vice CD

- ***PEOPLE*** are ***N***ot ***P***hysically ***Q***ualified
- ***DISEASES/CONDITIONS*** are ***C***onsidered ***D***isqualifying
  (waivers are for CD conditions)

Examples

- Someone with ETD from a URI may be ***NPQ for the duration of the cold, but a URI is NCD***
- If the ETD is from chronic sinusitis, the person will be ***NPQ from a condition that is CD***
- Even when the ETD resolves, the person will remain NPQ as the condition is CD (and need a waiver)

Examples (cont.)

- If someone has insomnia secondary to a work schedule or marital discord, they will be ***NPQ until the insomnia resolves***
- If the insomnia is from a Major Depressive Disorder, they are ***NPQ and the condition is CD***
- Once symptoms of depression are resolved, the person will remain NPQ as the condition is CD (and need a waiver)

You don't need a waiver if the condition is not considered disqualifying

WAIVERS for Psych Diagnoses

- ***For the majority of diagnoses:***
  - 1 year off meds, out of treatment, symptom-free
- ***NO waivers for psychotic illnesses***
- ***Adjustment Disorders/V Codes*** - no waiver required
- ***PDs - no waiver possible*** (in *special* cases re-eval in 2-3 years)

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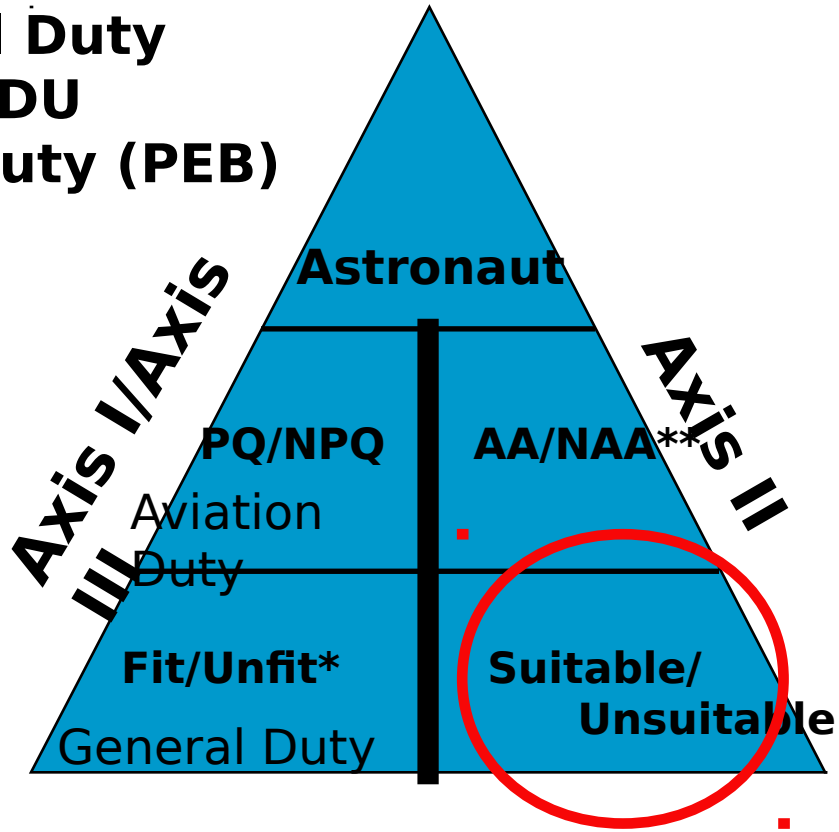

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Suitability

- Refers to a personality disorder (PD) diagnosis and the person's conduct/performance ***(SECNAVINST 1910.4B)***
- The PD must be diagnosed by a psychologist/psychiatrist
- If that PD is of such severity that it will interfere with the member's performance of duty or pose a threat to their/others safety, then;

Suitability (cont.)

- they may be deemed ***"unsuitable for further military service,"*** and:
  - recommended for expeditious administrative separation as a continuing risk for harm to self and others
- recommended for adsep only or no recommendation:
  - a page 13 service record entry is made ***IAW MILPERSMAN 1910-202***

Other Reasons for ADSEP

for conditions not necessarily amounting to disability

- somnambulism
- enuresis
- motion/air sickness
- allergies
- excessive height
- anorexia nervosa
- bulimia nervosa
- non-resolving physical or medical problems which regularly prevent PRT participation

Other Reasons for ADSEP

(a page 13 required)

- Convenience of the Government (COG) - parenthood
- COG - Personality disorder
- entry level performance and conduct
- weight control failure
- unsatisfactory performance
- misconduct - a pattern of misconduct
- misconduct - minor disciplinary infractions

Mandatory ADSEP

- Sexual Harassment
- Misconduct - civil or military that could result in death or serious bodily injury
- Misconduct - civil conviction for offenses that could result in death or serious bodily injury
- Misconduct - drug abuse
- Homosexual conduct
- Supremacist/Extremist conduct
- Weight Control Failure

Don't confuse the REASON for discharge with the TYPE of d/c

- Honorable
- General
- Other than Honorable (OTH)
- Bad Conduct Discharge (BCD)
- Dishonorable Discharge (DD)

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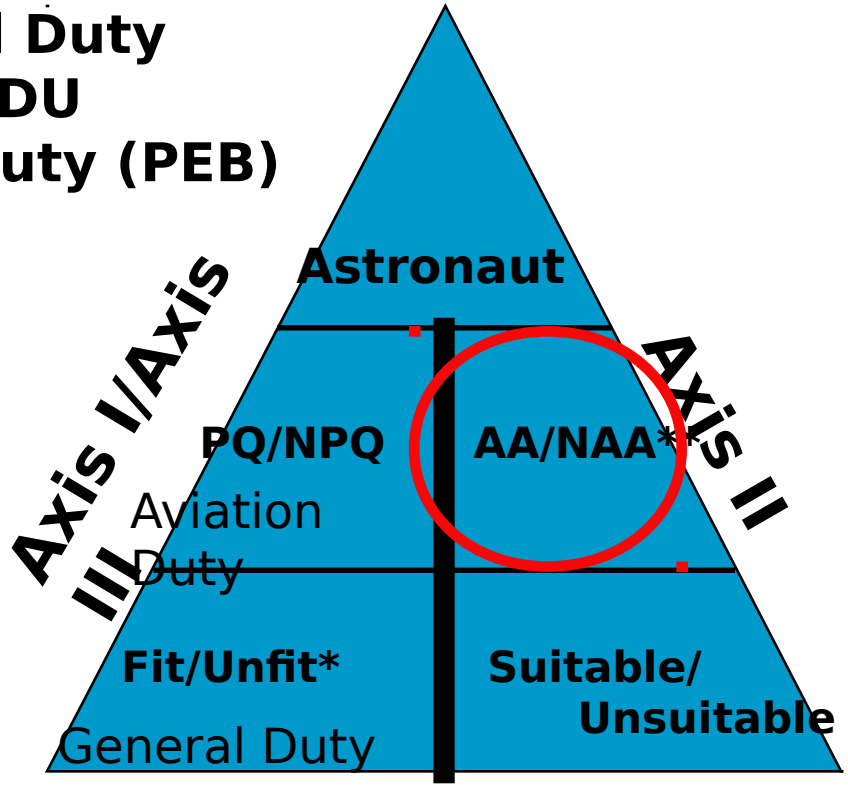

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AA as a concept

- 1916-1920: AA was known as “non-physical standards for aviation
- interim - ill defined and often based on whim of evaluator
- definition of NAA after 1992: ***“The existence of a personality disorder or traits that are maladaptive to mission completion, safety of flight, or aircrew coordination”***

AA (cont.)

- **AERONAUTICALLY ADAPTABLE** - reserved for candidates and students in aviation
- **AERONAUTICALLY ADAPTED** - a term reserved for designated aviators and aircrew

AA (cont.)

AA is ***implied*** by having the adaptability to the rigors of aviation by possessing the temperamen flexibility, and mature defense mechanisms to allow for full attention to flight and successful completion of training (in case of students) or tolerate the stress of operational training and deployment, and long-term use of mature defens mechanisms.

In reality, what we are stating when we say someone is "AA" is that there is no evidence they are NAA

If you think someone is NAA:

- Collect your data
- refer to psych (diagnosis *must* be made by psychologist or psychiatrist) *REMEMBER BOXER* requirement
- **Call us** - if a junior person with PD just send it in. All officers and senior enlisted (or others who don't agree) need to come to NOMI
- EMAIL us - for *anything*

Anyone on Flight Status Needs Both an Aviation and General Duty Recommendation

- ***PQ and AA***
- ***Fit and Suitable***

Higher Standard for Aviation

- You can be NPQ and NAA but. . .
- Fit and Suitable for general duty
- for example:
  - Sinusitis with a mild PD
  - Dysthymia with Dependent Personality Traits